

Evolving *your spirit*

A free publication celebrating your evolving spirit

Article Submission Guidelines

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Dear Contributor,

Thank you for your interest in submitting an article to Evolving Your Spirit magazine.

We are committed to providing information that empowers the reader and provides resources supporting a conscious lifestyle.

We are receiving many articles from many people wanting to be published in the magazine, and in the interest of everyone's time I came up with these guidelines. I'll keep submitted articles on file, please put your name, phone number and email address at the top of the page so that I can let you know if we decide to publish your material.

Article Criteria

- 1. All articles should empower the reader.** The tone should be positive in nature.
We don't want to come from a preachy or "telling them what to do" stance. Ideas must be presented in a positive tone without making anyone else "wrong" to make the point.
- 2. We aren't publishing any "public relations" type articles.**
The article must contain information which will empower the reader, and provide information not specific to what their own business does. For example if you are a chiropractor writing about new techniques, please outline the new technique and its value to the reader, making it available to them to choose whatever practitioner they please.
- 3. Author credit:** at the end of the article please give a 2 sentence description of who you are and where the reader can get in touch with you.
4. Stories about your own personal challenges and how you learned life's lessons are welcome.
- 5. Evolving Mission Statement**
The goal of Evolving Your Spirit is to create abundance in all levels for everyone who participates for the highest good of all concerned.

Thanks again! It's with everyone's participation that this is happening, and my goal is to provide the highest quality publication that I can. I'm open to your ideas and suggestions.

Sincerely,



Debbie Mackall
Editor, Evolving Your Spirit